

JULY - AUGUST 2025

PEAKY NEWSLETTER



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Bi-Monthly newsletter of Peaky Striders Inc
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Past the winter solstice

The shortest day of the year has come and gone on June 21 2025. In a few days we have a dinner at Thai in the Sky in Mortdale. Come and enjoy the evening.



Saturday 5 July Social event, dinner at Thai restaurant.

Friday 31 October/ 2 November 2025 - social weekend away, Mittagong. Book now.

Sunday 7 December 2025 - Christmas dinner 5pm onwards, save the date

Wednesday 17 December 2025 - Last walk for the year

Thursday 18 December 2025 - Presentation night, no walk

Tuesday 13 January 2026 - walking resumes

Social Walk

Curl Curl / Freshwater to Manly 9 June 2025

A sunny day dawned for our walk from Curl Curl to Manly. About 22 people headed from home to catch the ferry to Manly, then the bus to Curl Curl. A short walk around the cliffs was followed by a lovely early lunch at Harbord Hotel. A few of us then walked to the Manly ferry to get home. Others took the bus to Manly and Judi met her son and his family. Great company and a lovely day.



Walk on Wednesday "WOW" 4 June 2025

Glenn Williams reported

"Great Wow walk from fish markets to Pyrmont in the rain. 15 die hard walkers enjoyed the day missing most of the heavy rain whilst having morning tea. Lovely lunch at Pyrmont Bridge Hotel with half the group taking the ferry back to Circular Quay. Thanks Carol H for a wonderful day."



Wet year for walks

It's been a wet year this year. Fortunately we have some hardy walkers. Anne Wilson sent me this photo of a walk-in Oatley Park on 21 May.



Cancer Council Big Morning tea at Di and Brian's place

31 May 2025

Although the Cancer Council morning tea at Di and Brian's place at Mortdale was not an official Peakies event, many Peakies came and enjoyed the games, raffles and fun.

Di and Brian were delighted to raise over \$2300. On the next page is the recipe for one of the delicious slice that disappeared quickly.



Recipe - Zucchini slice from Morning tea at Di and Brian's place



- 4 bacon rashers, finely chopped
- 1 brown onion, finely chopped
- 2 zucchinis, coarsely grated
- 1 cup pumpkin, coarsely grated
- 2 cups frozen mixed vegetables, just thawed
- 1 cup (120g) coarsely grated cheddar
- 1 cup (150g) self-raising flour
- 1/2 cup flat-leaf parsley, coarsely chopped
- 4 Australian Free Range Eggs, lightly whisked
- 1/4 cup (60ml) milk
- 2 tbsp olive oil

Step 1

Preheat oven to 180C. Grease a 20cm x 30cm lamington pan and line the base and 2 long sides with baking paper.

Step 2

Heat a medium frying pan over medium heat. Add the bacon and onion and cook, stirring, for 5 mins or until onion softens. Transfer to a bowl.

Step 3

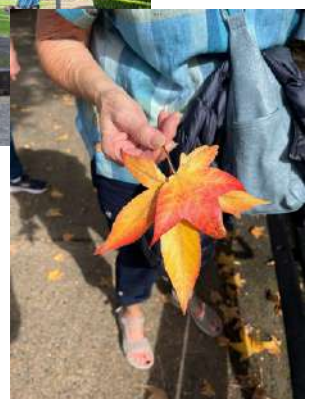
Add the zucchini, pumpkin, mixed vegetables, cheddar, flour and parsley to the bacon mixture and stir to combine. Add the egg, milk and oil and stir to combine. Season. Spoon into the prepared pan and smooth the surface.

Step 4

Bake for 40 mins or until firm to the touch. Set aside to cool. Cut into pieces and serve with salad leaves.

Walk on Wednesday 7 May 2025

From Di Craven on Facebook "Auburn Botanic Gardens was our WOW destination. We were hoping for some autumn colour but the trees seem confused by the warm weather. Thanks Jennie Howard for organising."



Did you know?

It is impossible for most people to lick their own elbow
A crocodile cannot stick its tongue out.
A shrimp's heart is in its head.
It is physically impossible for pigs to look up into the sky.

Happy Birthday

July

Jennie Davie (special birthday)

Sue Rose (special birthday)

Judi Mealey

Terrie Spence

August

Jenny Howard

Henry King (special birthday)

Juenene O'Gorman

Dawn Black

Robin Donnadieu



END