

MAY - JUNE 2025

PEAKY NEWSLETTER



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Bi-Monthly newsletter of Peaky Striders Inc
www.peakystriders.org.au

Getting towards the winter solstice

The shortest day of the year is coming on June 21 2025. Those torches should be getting a workout on night walks. In the newsletter see what we have planned for the weekend away on 31 October/1 November. Most people enjoy this weekend away. Talk to other who went last year. And we have 8 new members, please make them feel welcome.



June 2025 - Social Walk. Details soon.

Friday 31st October/ 2 November 2025 - social weekend away, Mittagong. Book now.

November/Early December 2025 - Christmas event. Date to be confirmed

Wednesday 17 December 2025 - Last walk for the year

Thursday 18 December 2025 - Presentation night, no walk

Tuesday 13 January 2026 - walking resumes

NEWSFLASH

The St George League's Club's Board of Directors is pleased to support us with \$1,000 for the program Peaky Striders Walking Club Safety and Promotion. Thanks to Di for submitting the application.

Weekend away 31st October - 2nd November 2025

Join us for a Peaky Weekend away in Mittagong Friday 31st October to Sunday 2nd November

As per Glenn and Judi's email sent to all members on 21st March 2025 we are looking forward to the Peaky Weekend Away.

Details Below

Accommodation: Springs Motel Mittagong (RSL) Ph. 4871 3133

Speak with Janelle and tell her you are with Peakies and she will look to book the rooms close together.

Alternative accommodation: two Motels next to RSL Club. Run by RSL Club. One each side. Budget from \$170 per night per room and Non-Budget from \$230 per night per room. So if you are sharing then it costs \$85 per night per person.

Please ring them to discuss as there is limited availability now due to many Peaky's already booked.

Meals

Breakfast

RSL opens Coffee Shop from 6.15am for breakfast. (at site)

Cafes in town from approx. 7am for breakfast (10 minute walk away).

Lunch

Illawarra Fly Café, To Be Confirmed

Dinner

Friday Night at RSL in Ironstone Dining Room at 6.30pm (At own expense)

Saturday Night at Mittagong Hotel 6.30pm in the Main Bar or Cottage (10 minute Walk. At own expense)

Activities

Saturday Morning

Illawarra Fly – Drive 44 mins from Mittagong (Car Pool) - Open 10am to 4.30pm. (last Entry 3.30pm) Activates, Tree Top Walk, Zip Line Tours at varying costs.

Saturday Afternoon and Sunday

Walk options TBC

Cave Creek Walking Track – 45 minute walk– 16 minute drive from Motel.

Lake Alexandra Loop – 15 minute walk plus 13 minute walk from Motel. (So total walk 28 minutes)

60 Foot Falls – 60 minutes out and back plus 5 minute drive from Motel. Or 2 hours out and back from Motel walking. (Moderate Walk with some uneven ground, would need walk stick)

Link to walks around Mittagong - <https://www.alltrails.com/australia/new-south-wales/mittagong/walking>

Bradman Museum – Bowral, 10 minute drive from Motel. Cost \$23.50 pp for concession

Member Profile - Glenda Brady



1. What suburb do you live in and how long for? Have you lived elsewhere especially if outside Sydney?

I grew up in Mortdale and have lived in Padstow Heights for the past 35yrs.

2. Whether you work (and at what) or are you retired? What work did you do?

I worked as a nurse for over 40 years and retired from full time work last September but I'm soon to start working again part time.

3. Family – partner, husband, children, grandchildren, pet?

I met my husband in London on the day Australia won the America's Cup so very easy for him to remember the anniversary! We have three beautiful children and three gorgeous grandchildren who thankfully all live in Sydney.

4. When did you join Peaky Striders and how did you come to join?

I joined Peaky Striders in April this year because I love meeting new people, love to 'walk and talk' and see different parts of Sydney.

5. How many walks now done and what are your goals?

I've done four walks so far and look forward to starting my weekends with a walk with the Peaky Striders.

6. Hobbies/sport eg. Photography, cards, dance, tennis, golf, bowls, sewing, cooking etc? Do you have a great recipe to share?

I've been busy with family and work so haven't had much time for hobbies and sport over the years but I love a weekly Pilates class and love playing pub trivia.

7. Participation in walks like the City2Surf, Great Ocean Road, Camino?

I've walked the City2Surf and Sutherland to Surf in the past and would love to do the Sutherland to Surf again this year.

8. Other travelling done to anywhere, particularly if with other groups that include hiking, walking etc.

I was a backpacker in my younger years and have done a lot of travelling around Asia, Middle East and Europe. I still love travelling but have given away the backpack and hostels for a little more comfort. Whenever I get to a new city or town nowadays, I always booked into a walking tour as walking is the best way to see and get the feel of somewhere new.

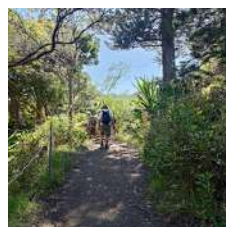
Easter hunt Saturday 19 April 2025

Lovely weather for the annual Easter egg hunt at Oatley Park. Lyn Morriss showed no aptitude for finding Easter eggs at all as witnessed by Robyn. Lyn had to rely on others. Fortunately there were very generous members giving up their Easter eggs!



Easter Walk Monday 21 April 2025

The weather forecast was not good. Fortunately the forecast was wrong and rain/wind did not come until Tuesday. After lunch we all had an ice cream before heading home. As we arrived at Circular Quay we found that many train lines were not working due to an incident at Milsons Point. We took the Metro to Sydenham and hoped for trains from there. Fortunately within 10 minutes a train did leave for Sutherland. Most of us were home sooner than we thought. Others who live past Sutherland had to wait longer. About 12 Peakies did the walk. Stunning views and lovely company.



Peace Walk Canberra March 2025

A wet Canberra weekend for the annual Peace Walk. However from Facebook posts a lot of fun was had.



Did you know?

At the recent AGM, a decision was made to start all Saturday morning walks at 7am. Wednesday morning walks (except for the first Wednesday of the month, which is a social walk) start at 8 am.

Welcome to our new members: Glenda Brady, Tom Breen, Tracey Constantino, Una Cornwell, Linda Felton, Dympna McKenny, Karen Tam, Lyn Williams

Happy Birthday

May

Lynne Brannock

Tom Carr

Vania Chan

June

Deneice Bloomfield

Liz Buckley

Fan Coghlan

Tracey Constantino

Philippe Donnadieu

Linda Felton

Antionette Ilardo

Paul Tam

Elizabeth Whitcombe



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