

JULY - AUGUST 2024

# PEAKY NEWSLETTER

*Bi-Monthly newsletter of Peaky Striders Inc*  
[www.peakystriders.org.au](http://www.peakystriders.org.au)



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**It's been a bit wetter than normal. However that hasn't stopped much of the walking or social events. See below for more to come.**

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**Wednesday 17 July 2024** - Race day at Randwick. We will leave from Mortdale Station approximately at 11.30am, change at Central to the light rail & arrive at the races in time to see the horses parading before the first race. Exact train time to be advised closer to the day.

**Sunday 21 July 2024** - Sutherland to Surf fun run.

**Sunday 11 August 2024** - City to Surf fun run. Join us at Oatley pub after 1pm. \$15 per person for pizza.

**Friday 13 to Sunday 15 September 2024** - City Bay Run weekend Adelaide.

**Thursday 10 October 2024** - Daylight savings celebration. \$10 voucher for dinner at Masonic club after walking.

**Sunday 8 December 2024** - Christmas lunch time cruise.

**Thursday 19 December 2024** - last walk for the year and Presentation night.

**Tuesday 14 January 2025** - walking resumes.

## WOW - Walk on Wednesday 1 May 2024

A number of Peakies went on a cultural and heritage walk at Campbelltown. This was a self guided walk with a brochure showing the way and points of interest. The walk was flat and around 15 old properties were seen. A visit to the Art Gallery & Japanese Gardens afterwards and lunch was at the Art Cafe. Thanks Barb Seager for a lovely day. Photos from Angela Thornhill.



## WOW 5 June 2024

Great WOW outing today with 12 of us going to White Bay Power Station to see the old building and Biennale.

Followed by lunch at the Bald Rock Hotel.

Thank you Tom, Shirley, Di and Brian for organising. Words and photos from Glenn's' Facebook page.



## What do you do when.....

In May after a Thursday night walk at the club, Jenny Hicks had a dilemma. There was a frog attached to the drivers window. What do you do?? That's where the treasurers money box came in handy. We managed to collect the frog, whereupon the frog was taken home and released in their pond.



## Wollongong Social Walk - 10 June 2024

The social secretary was a bit concerned that the weather would not be favourable for this walk. Her fears were allayed by the forecast and a lovely day was had by about 16 Peakies and friends. The train ride was enjoyable and we met Phillipe and Robin, Tom and Lee and Maria at Stuart Park, as they drove. See photos below. Thanks Maria for bringing blankets and chairs with you.



# On Saturday morning walk in June



On one Saturday morning tea a few locals (ducks) joined us. Jen Howard made a lovely date and walnut loaf. See below for the recipe.

## **Date and walnut loaf - Best served drizzled with butter!**

SERVE 10, PREP 15M, COOK 45M, TOTAL 1H

### **Ingredients**

- 250 gram pitted dates
- 1 cup (250ml) boiling water
- 90 gram butter, melted, plus extra butter, to serve
- 3/4 cup (165g) caster sugar
- 1 teaspoon vanilla extract
- 1 egg, lightly beaten
- 1 1/2 cup (225g) self-raising flour
- 1 teaspoon bicarbonate of soda
- 1 teaspoon mixed spice
- 1 pinch salt
- 1/2 cup (60g) chopped walnuts, plus 2 tbsp extra

### **Method**

1. Preheat oven to 180°C (160°C fan-forced). Grease and line a 21cm x 11cm loaf pan.
2. Place dates in a large heatproof bowl. Pour over boiling water. Cover with a plate. Stand 5 minutes, until dates soften.
3. Stir in melted butter and sugar until well combined. Stir in vanilla and egg.
4. Sift together flour, bicarbonate of soda, mixed spice and a little salt. Fold into date mixture. Fold through walnuts. Spoon mixture into prepared pan and scatter over extra walnuts. Bake 45 minutes, until a skewer inserted comes out clean.

Cool in pan 2 minutes, then turn out onto a wire rack. Slice and serve with extra butter.

# Camden Park House



Another interesting outing for members - Camden Park House and  
Garden Spring Open Weekend 2024  
21st and 22nd September 2024 (10am to 4pm)  
<https://www.camdenparkhouse.com.au/>

*Happy Birthday*

## July

*Jennie Davie*

*Sue Rose*

*Judi Mealey*

*Terrie Spence*

## August

*Jenny Howard*

*Henry King*

*Juenene O'Gorman*

*Dawn Black*

*Robin Donnadieu*



END